

## TERM 4 EVERYONE TIMETABLE, 2019

7 October – 22 December

Program	Belt/Level	Mon	Tues	Weds	Thurs	Fri	Sat
Schools All ages	No experience needed	8:00–3:00pm • Please book	8:00–3:00pm • Please book	8:00–3:00pm • Please book	8:00–3:00pm • Please book	8:00–3:00pm • Please book	
Birthday Parties All ages	No experience needed						1:00–2:30pm • Please book
Joeys 4 years with parent	All levels						9:40–10:10am
Little Ninjas 5–6 years	White–Purple/White	3:55–4:30pm		3:55–4:30pm		3:55–4:30pm	10:15–10:50am
	Purple–Brown		3:55–4:30pm		3:55–4:30pm	4:35–5:10pm	9:00–9:35am
Commandos 7–9 years	White–Yellow I	4:45–5:30pm		4:45–5:30pm		5:15–6:00pm	10:55–11:40am
	Yellow II–Blue III	6:40–7:25pm	4:45–5:30pm	6:40–7:25pm	4:45–5:30pm	6:05–6:50pm	11:45–12:30pm
	Red I–Red III	5:45–6:30pm	6:40–7:25pm	5:45–6:30pm	6:40–7:25pm	6:05–6:50pm	11:45–12:30pm
	Cho Dan Bo	5:45–6:40pm	6:40–7:35pm	5:45–6:40pm	6:40–7:35pm	6:05–7:00pm	7:45–8:50am @ Tulla with Martin Hall
	Black Belt syllabus class		5:45–6:30pm		5:45–6:30pm		11:45–12:30pm
	Demo Team Black Belts		4:45–5:30pm Invitation Only				
	Poomsae class			7:30–8:30pm Intermediate	4:35–5:30pm Development		12:00–12:45pm Development @ Tullamarine  12:45–3:00pm Int & Adv @ Tullamarine

	Sparring class		6:35–7:25pm Development		6:35–7:25pm Intermediate		12:00–1:30pm Competition @ Tullamarine  1:30–2:30pm Development @ Tullamarine
Leaders 10–14 years	White–Yellow I	4:45–5:30pm		4:45–5:30pm		5:15–6:00pm	10:55–11:40am
	Yellow II–Red III	5:45–6:30pm	6:40–7:25pm	5:45–6:30pm	6:40–7:25pm	6:05–6:50pm	11:45–12:30pm
	Cho Dan Bo	5:45–6:40pm	6:40–7:35pm	5:45–6:40pm	6:40–7:35pm	6:05–7:00pm	7:45–8:50am @ Tulla with Martin Hall
	Black Belt syllabus class		5:45–6:30pm		5:45–6:30pm		11:45–12:30pm
	Demo Team Black Belts		4:45–5:30pm Invitation Only				
	Poomsae class			7:30–8:30pm Intermediate	4:35–5:30pm Development		12:00–12:45pm Development @ Tullamarine  12:45–3:00pm Int & Adv @ Tullamarine
	Sparring class		6:35–7:25pm Development		6:35–7:25pm Intermediate		12:00–1:30pm Competition @ Tullamarine  1:30–2:30pm Development @ Tullamarine
Teens 15–17 years	White	6:40–7:25pm		6:40–7:25pm		6:05–6:50pm	
	Yellow II–Red III	7:30–8:30pm	7:30–8:30pm	7:30–8:30pm	7:30–8:30pm		
	Cho Dan Bo	7:30–8:40pm	7:30–8:40pm	7:30–8:40pm	7:30–8:40pm		7:45–8:50am @ Tulla with Martin Hall
	Black Belt syllabus class	7:30–8:30pm	7:30–8:30pm		7:30–8:30pm		
	Demo Team black belts		4:45–5:30pm Invitation Only				
	Poomsae class			7:30–8:30pm Intermediate	4:35–5:25pm Development		12:00–12:45pm Development @ Tullamarine  12:45–3:00pm Int & Adv @ Tullamarine
	Sparring class		6:35–7:25pm Development		6:35–7:25pm Intermediate		12:00–1:30pm Competition @ Tullamarine  1:30–2:30pm Development @ Tullamarine

Adults 18+ years	White	6:40–7:25pm		6:40–7:25pm		6:05–6:50pm	
	Yellow II–Red III	7:30–8:30pm	7:30–8:30pm	7:30–8:30pm	7:30–8:30pm		
	Cho Dan Bo	7:30–8:40pm	7:30–8:40pm	7:30–8:40pm	7:30–8:40pm		7:45–8:50am @ Tulla with Martin Hall
	Black Belt syllabus class	7:30–8:30pm	7:30–8:30pm		7:30–8:30pm		
	Poomsae class			7:30–8:30pm Intermediate	4:35–5:25pm Development		12:00–12:45pm Development @ Tullamarine  12:45–3:00pm Int & Adv @ Tullamarine
	Sparring class		6:35–7:25pm Development		6:35–7:25pm Intermediate		12:00–1:30pm Competition @ Tullamarine  1:30–2:30pm Development @ Tullamarine

• Please [book](#) for these classes